

104TH EDITION
**NOVEMBER
2022**



Golden Tower's 50th Anniversary warrants Golden Tower Day in the city of Covington!

On Friday Oct 14th, we celebrated the 50th anniversary of the Golden Tower community within the Housing Authority of Covington. We gathered in the Rec Hall for an anniversary luncheon and a stroll down memory lane presentation. It was with great honor that we received a proclamation from Mayor Joseph Meyer, that October 14, 2022, will forever be declared Golden Tower Day in the city of Covington.



The Housing Authority Of Covington



The Housing Authority Of Covington would like to welcome our new Resident Commissioner to the Board... Stephanie Coyle.

Stephanie is a long - time resident of Covington's public Housing and is a Kindergarten Instructional Assistant in the Covington Independent public school system. She is very knowledgeable about the workings of public housing and will be a productive asset as the voice of the residents.

'Welcome Stephanie!'



Thanksgiving Party!

City Heights:
November 10, 2022
From 5:30pm-7pm



Latonia Terrace:
November 16, 2022
From 5:30pm-7pm



BEHAVIORAL HEALTH

Circle of support group

We welcome you to join our two-hour group session each month! Facilitated by a license Professional therapist and targeted case managers cultivate healthy relationships and engage in conversation about the following topic:

Thursday, November 17th
2022

Navigating grief, loss, and growth
**No Referral or payment
needed**

4:00-6:00pm- 3rd Thursday of
each month

Location: Recreational
Hall in City Heights



LEADERSHIP

YLD

(Youth Leadership
development)

The YLD will be providing services every Tuesday & Thursday from: 3pm-5:30pm in the LT rec hall. for ages: 12-17yrs.



How to Identify Mold vs. Mildew in Your Home

Mold and mildew are often spoken of together, almost as if they were the same substance. We fear mold and mildew growing below our homes in crawl spaces, under house siding, around the bathroom wall surround, and behind the sink. Excessive, pervasive mold and mildew can hamper a house sale or cause homeowners to move their bedroom elsewhere.

Neither mold nor mildew is welcomed in the home, in any form.

Mold

Green, red, or black

Often confused for dirt

Darker shades

Fuzzy

Mildew

White/gray in early stages

Turns brown

Flat

Powdery

Small dot

Tip

Which is worse, mildew or mold? They are both fungi and can cause similar allergic reactions, but mildew is easier to clean, not as invasive, and therefore it's not as dangerous or insidious as mold.

How to Remove Mold and Mildew

Spray hydrogen peroxide or a baking soda solution on the mold. Put either 3% hydrogen peroxide or a solution of 2 parts baking soda, 1 part white vinegar, and 1 part water into a spray bottle. Apply your solution directly onto the wall that has mold or mildew on it. Wait at least 10 minutes for the solution to work before scrubbing it off in circular motions with a medium-bristle brush.[1]

• Avoid using bleach on walls since it won't reach mold that's deeper than the surface.

Penetrate deeper mold growth with undiluted vinegar. Since the mold may have grown into the drywall, it will come back if you leave it untreated. Put white vinegar into a spray bottle and liberally apply it to the entire area you just cleaned. Leave the vinegar to air-dry and disinfect the area so the mold doesn't return.[2]

• Don't worry about the vinegar smell. It will disappear as soon as it completely dries.

• If the room doesn't get good ventilation or airflow, set up a box fan pointed at the wall and let it run for 24 hours.

• Vinegar kills up to 80% of mold species.

Issues That Cause Mold and Mildew

Moisture is the chief cause behind the growth of mold and mildew. Mold spores entering your home are inevitable; this is difficult to stop. But you can stop the factors that help mold and mildew to grow. Besides moisture, lack of sunlight, poor ventilation, and dirt and debris can cause mold and mildew to grow. Because of this, mold and mildew tend to develop in the home:



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HAC Smoke-Free Policy:

HAC went "smoke free" in July of 2014. This policy applies to every tenant and employee of HAC, including every member of the tenant's household, their guests and persons under their control. Smoking is no allowed in individual living spaces. If a resident smells tobacco smoke, report it to the property manager. We ask for you to "take it outside". Most importantly, when smoking outside your apartment, be respectful and don't stand in front of your neighbors door and allow the smoke to seep into their apartment doors and windows.

Need Rent assistance?

Residents that are behind on rent payments can apply for the Healthy at Home funds through the State of KY.

<https://teamkyhherf.ky.gov/>

The landlords email address is
HHERF@hacov.org

Please use this
address when prompted.

Please reach out to your property manager to let them know if you applied for the funds, as they will need your email address to complete the application process.



NACU HEALTH CENTER

NURSE ADVOCACY CENTER FOR
THE UNDERSERVED
NORTHERN KENTUCKY UNIVERSITY

CITY HEIGHTS:

TUESDAY
FROM 12-5PM
LOCATED IN THE IDA SPENCE
CHURCH.

LATONIA TERRACE:
EVERY MONDAY FROM 1-5PM.
LOCATED IN THE MANAGEMENT
OFFICE.

GOLDEN TOWER:
MONDAY FROM 9-1PM
WEDNESDAY FROM 3-6PM
FRIDAY FROM 9-2PM
LOCATED IN THE COMMUNITY
ROOM IN THE BASEMENT.

HAC Communities

If you haven't picked up your
plunger, please do so at your
property management office
from: 8am-4:30pm
Monday-Friday



COMMUNITY

WANT TO BE MORE INVOLVED
IN YOUR COMMUNITY?

JOIN US FOR THE RESIDENT COUNCIL
MEETINGS THIS MONTH:

CITY HEIGHTS: NOVEMBER 8TH @ 6:00PM

LATONIA TERRACE: NOVEMBER 7TH @ 5:30PM

GOLDEN TOWER: NOVEMBER 21ST @ 5:00PM