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## Are you ready to sign-up for the Family **Self-Sufficiency Program?**

Within the FSS Program, participants will have the opportunity to:

- Pursue educational, personal, financial goals
- Work closely with a caseworker
- **Earn escrow**
- And much more!



Family Self-Sufficiency Program

Questions about the Family Self-Sufficiency Program?

Natalie Kuhn, FSS Coordinator Phone Number: 859-760-5846 Email: Natalie.Kuhn@hacov.org

#### Meet Hannah Troll!



Hannah is the new Senior Housing coordinator at Golden Tower. She recieved her Bachelor's Degree and Master of Social work degree from NKU. During her time at NKU she participated in two practicums. The first practicum was at Clermont senior Services and the second practicum was at Companions on a Journey. Hannah enjoys going to the Cincinnati reds games in the summer and watching the Bengals in the Fall/Winter. she loves spending time with her family, watching Television, and going for walks with her dog scout.

Hannah is very excited to work with the residents! Her office hours are: Tuesday 8am-4:30pm Thursday 8am-12pm and Friday 8am-to 4:30pm.



November 24th and Friday, November 25th in observance of Thanksgiving!

## **Golden Tower Program**

Join us for the Silver **Sneakers Program at** the Campbell County YMCA every Friday.

Meet Hannah in the lobby at Golden Tower at 8:45 AM for transportation to the YMCA.

Residents will return to GT at 10:30 AM.



# Veterans Day is Saturday, November 10th, 2023







### Ingredients

stick cooking spray

#### **Peach Air-Fryer Hand Pies Recipe**

Directions
Stir together peaches, lemon juice, sugar, vanilla, and salt
a in medium bowl. Let stand 15 minutes, stirring
occasionally. Drain peaches, reserving 1 tablespoon
liquid. Whisk cornstarch into reserved liquid; stir into
drained peaches.

Cut piecrusts into 8 (4-inch) circles. Place about 1 ablespoon filling in center of each circle. Brush edges of dough with water; fold dough over filling to form halfnoons. Crimp edges with a fork to seal; cut 3 small slits in top of pies. Coat pies well with cooking spray.

Place 3 pies in single layer in air fryer basket, and cook at 350°F until golden brown, 12 to 14 minutes. Repeat with remaining pies.



## Resident Spotlight

This month we are celebrating Asia as our Resident Spotlight!
Asia has been an active participant in our programs. In 2019, she graduated from HAC's GLASS program and later from the City Futures program in which she earned her driver's license. Since then, she has received her GED and is now a Certified Medical Assistant (CMA)! With this, Asia has accepted a job at a local clinic that she is very excited about.



Currently, Asia is a SEED Program participant and is set to graduate soon. In the future, Asia is considering working towards a Registered Nurse degree and wants to work in the NICU. In her free time, Asia enjoys listening to music and playing board games. Congratulations, Asia!



The Housing Authority of Covington would like to congratulate Gussie Gray on buying her first home!

Gussie was a resident in Latonia Terrace for 13 years. She worked very hard and was finally able to buy her first home.

Gussie says, "it takes hard work and dedication when finding your dream home, do not take the first home you see and make sure you do your homework on the home before you purchase one. Please be aware of scammers!!"

Congratulations, Gussie! We wish you all the best in the world on your new Journey!!

# WANT TO BE MORE INVOLVED IN YOUR COMMUNITY?



JOIN US FOR THE RESIDENT COUNCIL MEETINGS THIS MONTH:

LATONIA TERRACE: NOVEMBER 6TH @ 6:00PM GOLDEN TOWER: NOVEMBER 20TH @ 5:00PM

Housing Authority of Covington Board of Commissioners Meeting

Wednesday, November 15th, 2023

2300 Madison Avenue Covington, KY 41014 Lower-Level Conference Room



Regular meetings of the HAC Board of Commissioners take place at 4:30 PM on the third Wednesday of every month. We want you to feel safe in your home and neighborhood. Here are some tips on how to stay and feel safe no matter where you live!

- Get to know your neighbors! Communicating with trusted neighbors allows you to have a team you can rely on if anything ever happens. Neighbors can help with pets if your away for a long period of time, check on mail, and assist in reporting any suspicious behavior. Knowing your neighbors can help you in emergencies if you ever need any one to call on. Knowing more people in your community may help you recognize suspicious behavior. Keep neighbors informed if you are out of town or gone for an extended period of time. This ensures your home will be checked on while you are gone!

- Get into the habit of locking all doors and windows when you leave your home. In addition, utilize curtains and blinds at night. This prevents unwanted people from seeing the contents of your home and valuables as well as preventing suspicious individuals from tracking your schedule and knowing when you are usually home or not.

- Be aware of your children's location at all times. Encourage children to ask an adult's permission before leaving their home to ensure you know their location in case of emergency. Knowing your child's location and who they are with can ensure they are in a safe environment, even when you are not there. Explore safe areas with your child so they know where safe places are and where unsafe places are that should be avoided. Request that your children check in with you in person or by a phone call at specific times while they are out to ensure they are constantly safe.

Neighborhood safety is a team effort! Everyone wants and deserves to feel safe in their home and neighborhood. Please report any suspicious activity to neighbors, property managers, and/or police.





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